PRIVATE PRACTICE OPPORTUNITIES



At Healthe Care, we pride ourselves on a true partnership model with our doctors – we work closely with you, our staff and our patients to deliver best practice care in well resourced, modern private hospitals

Current Opportunities

Private practice Psychiatry opportunities are now available across our Healthe Care hospital network:

- Join an experienced and growing team
- Grow your business
- Support available to establish your private practice
- Extensive demand with existing wait lists
- Opportunities across regional NSW and Tasmania
- Administration support and on-site consulting space available

At Healthe Care we believe that:

- Patient care is a shared experience
- Everyone deserves discreet, flexible and holistic care delivered by a close knit and responsive team
- Choosing local, also means choosing quality care with positive outcomes
- All patients deserve access to the benefit of surgical and nursing expertise delivered with empathy and compassion.

At Healthe Care our team cares and are proud to:

- Listen, respond and provide personalised care for patients and their families.
- Support everyone at every age and at every stage of care
- Provide an inclusive, diverse and welcoming environment
- Care for our local communities.



MAKING A DIFFERENCE IN THE LIVES OF **REGIONAL AUSTRALIANS**

Located across regional New South Wales and Tasmania, our Healthe Care mental health sites offer a combination of purpose-built, modern facilities, the latest technology, and skilled professional teams, all with the backing of one of Australia's largest private hospital groups.

Learn more about our mental health sites on the following pages or by visiting our website:

healthecare.com.au

BRISBANE WATERS PRIVATE HOSPITAL

Brisbane Waters Private Hospital commenced operating in 1978, and 44 years later is now home to the Central Coast Clinic – the largest private mental health facility on the NSW Central Coast.

With a \$9 million redevelopment in the pipeline, the Central Coast Clinic is poised for future growth to meet the ongoing needs of the Woy Woy, Central Coast and Northern Sydney regions.

Aside from the existing 37 bed mental health ward, the hospital's 50+ Specialists have access to four operating theatres, a dedicated Day Surgery Unit and a state-of-the-art 34 bed Rehabilitation Unit, 109 inpatient beds, on-site consulting suites, medical imaging and pathology services.

Brisbane Waters Private proudly supports the local community with over 270 highly skilled staff experienced in providing exceptional care.

Growth on the horizon

Brisbane Waters Private is poised for an exciting chapter of growth in the next 18 months, with plans underway to add a new storey to its northern ward, and expand the ground level at the southern end of the hospital. This expansion will result in an additional 1,731sqm in floor area, 27 inpatient beds, 15 car spaces, and an additional 12 FTE staff.

As the largest private mental health facility on the NSW Central Coast, Brisbane Waters Private provides a range of evidence-based treatments and services delivered through a diversity of day patient and inpatient programs. These include:

- Electroconvulsive Therapy (ECT)
- Repetitive Transcranial Magnetic Stimulation (TMS)
- Dialectical Behaviour Therapy (DBT)
- Cognitive Behavioural Therapy (CBT)
- Acceptance and Commitment Therapy (ACT)
- Music and Art group therapy
- Physical/hydrotherapy

The needs of the Clinic's patients are varied and so too are the range of services provided through by the Clinic's dedicated team. These include:

- Substance abuse disorders
- Anxiety disorders
- Older persons mental health
- Mood Disorders
- Psychosis

For more information on Brisbane Waters Private and the Central Coast Clinic, visit:

centralcoastclinic.com.au

"Trauma creates change you don't choose; healing creates change you do choose."

– Michele Rosenthal

MAITLAND PRIVATE HOSPITAL

Located in the NSW Hunter Valley region, Maitland Private Hospital employs more than 500 staff and hosts more than 150 credentialed doctors across a range of specialties, all committed to the delivery of exceptional patient experiences and care.

Established in 2001, Maitland Private boasts a modern facility with 151 beds, 6 operating theatres, a 10 bed Intensive Care Unit, Day Surgery, Cancer treatment services – offering medical and radiation oncology, haematology and infusions; and a dedicated Rehabilitation service including a fully equipped gymnasium and hydrotherapy pool.

Patient-centred mental health care

Maitland Private offers a 44 bed inpatient Mental Health service and group therapy programs for day patients. The programs reach out to individuals with a wide range of psychiatric conditions from mood and anxiety disorders to trauma and substance misuse.

The team at Maitland Private prides themselves on delivering comprehensive recovery-focused, evidence-based treatment and an holistic approach delivered by a professional team of Psychiatrists, Medical, Nursing and Allied Health professionals.

MAYO PRIVATE HOSPITAL

Established in 1922 in Taree NSW, Mayo Private Hospital provides surgical, medical, rehabilitation and mental health services to the Manning Valley community. The hospital offers an on-site Medical Officer, comprehensive radiology (including CT, ultrasound, X-ray and MRI), pathology and sessional consulting rooms.

Supporting the local community

The hospital's Mental Health facility ensures a safe and discrete environment to help people on the road to recovery.

Consultant Psychiatrists are supported by an advanced Psychiatry Trainee, Mental Health Ward CMO, along with a team of dedicated nursing and Allied Health specialists.

The Mayo Private team provides a range of evidencebased treatments and services delivered through a variety of day and inpatient programs, including:

- Electroconvulsive Therapy (ECT)
- Repetitive Transcranial Magnetic Stimulation (TMS)

Inpatient mental health support includes a comprehensive 24 hour service, with 37 private ensuite rooms, individual psychology sessions, dedicated Mental Health nursing staff and Medical Officer, on-site ICU Medical Officer and on call Psychiatrists.

A non-pharmacological approach to recovery, aided by facilitated group and 1:1 therapy, including psychoeducational, sensory, relaxation and exercise based activities, are delivered on-site 7 days a week.

A program of weekly outpatient sessions provide regular support across a range of areas, including:

- Anxiety Management
- Coping with addictions and substance misuse
- Art therapy
- Dialectical Behaviour Therapy
- Depression Management
- Living Well
- PTSD for First Responders and Defense Personnel

For more information on Maitland Private, visit:

maitlandprivatehospital.com.au



- Dialectical Behaviour Therapy (DBT)
- Cognitive Behavioural Therapy (CBT)
- Acceptance and Commitment Therapy (ACT)
- Art group therapy
- Physical/hydrotherapy

The dedicated team at Mayo Private specialise in the treatment of:

- Substance abuse disorders
- Anxiety disorders
- Older persons mental health
- Mood Disorders
- Psychosis

For more information on Mayo Private, visit: :

mayoprivatementalhealth.com.au

NORTH WEST PRIVATE HOSPITAL

Located in Burnie on the north west of Tasmania, North West Private Hospital offers comprehensive private medical, surgical, maternity, palliative care and mental health services.

Co-located with North West Regional Hospital, North West Medical Centre and the University of Tasmania, the hospital is surrounded by farmland and enjoys spectacular coastal views, delivering a patient experience that is second-to-none.

Personal care, when it's needed most

Through the hospital's recently renovated mental health service – the Rivendell Clinic – North West Private's team of Psychiatrists, Medical, Nursing and Allied Health professionals provide expert care, managing the treatment of a range of mental health disorders. The team offers an holistic approach with treatment provided in a safe, supportive environment for inpatients, day patients and outpatients.

North West Private's specialised services include:

- Adult psychiatry for Anxiety, Depression, PTSD and Complex Trauma
- Inpatient therapy programs
- Veterans and emergency services mental health
- CBT-based programs
- The only acute inpatient alcohol detoxification program in the North West region of Tasmania
- A broad range of day therapy programs to support ongoing recovery and wellness

For more information on North West Private, visit: :

northwestprivatementalhealth.com.au

JOIN THE HEALTHE CARE TEAM

When you join our Healthe Care specialist team, we will support you to connect with the local community and referrers through a range of engagement tools, including:

- A professional doctor profile featured in facility and on our websites
- Profiling and promotion of patient stories and procedures via social media and local media channels
- Invitations to meet and develop relationships with local GP practices
- Opportunities to host and present at GP education evenings
- The support of a dedicated Marketing & Communications Manager – responsible for delivering an integrated marketing plan

Cost free advantages

As an accredited Psychiatrist, you'll also receive cost free access to:

- A private practice reception, waiting room and consulting suite
- Skilled and professional reception staff
- Relocation allowance for those moving from out of area
- Existing waiting lists of patients ready for consultation

Steps to accreditation

Ready to join the Healthe Care team? The next steps are simple.

For more information about any of our mental health facilities, follow the links in this document. Alternatively, scan the QR code below or contact our Head of Regional Operations for a confidential discussion:

Matt Kelly

Head of Regional Operations M: 0459 988 217





